



Osmond Families!

Kids Heart Challenge is CELEBRATING healthy hearts and minds at our school now! **27 students have already registered online and 3 have completed Finn's Mission, but we need your help to reach 100% of families!**

We have already raised \$1,142 almost halfway to our \$2,600 goal! We are close to having our PJ Day and an ice cream day!

Finn is a young survivor of heart disease and stroke (meet him here: [Finn](#)) and is celebrating more birthdays because of the lifesaving work of the American Heart Association! Through Finns Mission you'll learn Hands Only CPR and the warning signs of stroke – helping Mater Dei Immaculate Conception build a Nation of Lifesavers! Help us save lives and complete Finns Mission TODAY!

Check out Damar Hamlin's Message:



NFL Bonus: The American Heart Association is excited to extend our work with the NFL to support improving health outcomes at home and beyond through the Hands-Only CPR education. Students that complete the Finn's Mission learning module will earn an entry for **Two tickets to Super Bowl LIX in 2025** and your school will be entered to receive a **\$10,000 fitness equipment makeover** for every **18 completed Finn's Mission.**

Here's how you can help:

- **Register:** <http://www2.heart.org/goto/OsmondCommunitySchool> For our Kids Kids Heart Challenge!
- **Complete Finn's Mission:** Watch the 2-minute Hands-Only CPR video featuring cardiac arrest survivor, Damar Hamlin, and watch a music video on the warning signs of a stroke (F.A.S.T.).
- **Share with Family & Friends:** Send messages via social media, text messages and/or email.